



**CONTENTS**

**This is The Lake District**  
Lake District news, sports, leisure and lifestyle features.

- Lakes Links**
- [New Torchlight Photos](#)
- [Countryside Alliance March](#)
- [Lakes Guide](#)
- [Lakes Walks](#)
- [Travel Deals](#)
- [Gig Guide](#)
- [New TV Guide](#)
- [CD reviews](#)
- [Weekend Matches](#)
- [Weather](#)
- [New Competitions](#)

**News**  
Gazette online and more.

**Regional News**  
[The Bay](#), [Eden & Lune](#), [Furness](#), [Kendal](#), [The Lakes](#)

**Sports**  
Sports, [Weekend Match update](#), [Sports Fans Forum](#)

**Leisure**  
[Cinemas](#), [Competitions](#), [County Shows](#), [Gig Guide](#), [Travel](#).

**Lifestyle**  
Arts, Country Life, Escene, Fashion, [Food and Drink](#), Homes & Gardens.

**Features**  
[Gazette campaigns](#), [Photo Gallery](#), more.

**Education**  
News, features, links, [virtual tour!](#)

**CommuniGate**  
Free web sites for non-profits, school clubs, groups.

**Lakes Guide**  
Where to go, what to see.

**Travel**  
Follow the sun!

**Marketplace**  
Your online shopping centre.

**Money**  
Go for green management.

**Personal Finance**  
Independent advice.

**Announcements**  
Family news.

**Bargains**  
Classified ads online.

**Archive**  
Search our past news.

**More links...**

**Search Engines**  
One stop guide to Web search tools.

**Weather**  
Local, five day, UK, the world.

**Digital Media**  
Web design, online advertising, more.

**QUICK NAVIGATION**



Search the site:

First published on Saturday 18 July 1998:

**New Format For Mountain Trial**

THE organisers of the Lake District Mountain Trial - one of oldest fell races of its type in the area - are hoping a new format will encourage a wider range of competitors to take part.

In addition to the classic elite men's and women's races, this year sees the introduction of an open 10-mile 3,5000 feet course aimed at attracting aspiring young runners as well as older runners who no longer want to compete over the original distances.

Traditionally, the Mountain Trial, which this year takes place at Wasdale Head on September 13, is a severe test of stamina and navigation and is held at at a different venue with the Lake District's boundaries every autumn.

The elite men's race is over a minimum of 20 miles and ascent and descent of almost 8,000 feet, while the women compete over of two-thirds of the distance.

The new open trial has won the support of former Olympic steeplechaser Chris Brasher, CBE, who has agreed to provide and present prizes for the category.

"The whole basis of the trial is to test mountain navigation by reaching a set of check-points as well as providing a test of stamina and fell running," said Mr John Lagoe, chairman of the Lake District Mountain Trial Association.

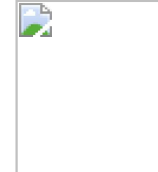
"The secret of planning the race is to try and position the checkpoints in such a way that people have a wide variety of route choice to choose from to make it an interesting challenge."

Sponsorship of the event, which was first run in 1954, is taken over for this year by the Wasdale Head Inn, while maps are being supplied by Ken Ledward Testing Services.

Entry forms are available from Mike Hind, Fernwood, Chestnut Hill, Keswick, CA12 4LR (017687 75298).

*Converted for the new archive on 30 June 2000. Some images and formatting may have been lost in the conversion.*

**Community Link**



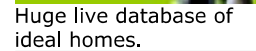
**Global News**  
[National headlines](#)  
[USA Today](#)



The best online deals on wheels.



Start your career search here.



Huge live database of ideal homes.



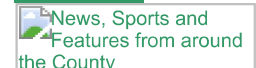
**Search the archive:**









Enter your search word(s):

Restrict to 18 July 1998



- [Locate that Bargain](#)
- [Buy a car](#)
- [Job Search](#)
- [Bid for an item](#)



-  [Email page](#)
-  [Start Here](#)
-  [Map](#)
-  [Help](#)
-  [Feedback](#)
-  [Contact Us](#)
-  [Other Sites](#)
-  [Home](#)

## Looking for a Bargain? Why not Search our classifieds?

What do you want to buy?

[News](#) | [Sport](#) | [Archive](#) | [Features](#) | [Leisure](#) | [Travel](#) | [Lifestyle](#) | [Marketplace](#) | [CommuniGate](#) | [Business](#) | [Local Directory](#) | [Education](#) | [Information](#) | [Holidays](#)